

MAKE YOUR OWN SUPER-JAM

OK, SO YOU'RE NOT REALLY MAKING ACTUAL REAL PROPER JAM.

TO MAKE REAL JAM, YOU HAVE TO COOK FRUIT AND SUGAR TOGETHER AND IT CAN GET VERY HOT. BUT INSTEAD OF MAKING REAL JAM, YOU CAN MAKE A PRETEND SUPER-JAM, BY MIXING TOGETHER LOTS OF KITCHEN INGREDIENTS AND PUTTING IT IN A JAM JAR. YOU CAN EVEN MAKE YOUR OWN LABEL, THINK ABOUT WHAT SUPER POWER YOUR JAM WILL GIVE YOU AND WRITE UP YOUR RECIPE CARD BY USING THE TEMPLATES ON THIS PAGE.

YOU WILL NEED:

1 x EMPTY CLEAN JAM JAR

THEN ANY OR ALL OF THE FOLLOWING:

FOOD COLOURING	SUGAR
FRUIT JUICE	TOOTHPASTE
FLOUR	WATER

(ANYTHING FROM THE KITCHEN REALLY!)

SO LONG AS YOU'RE NOT PLANNING TO ACTUALLY SPREAD IT ON YOUR TOAST OR EAT IT, YOU COULD ALSO ADD:

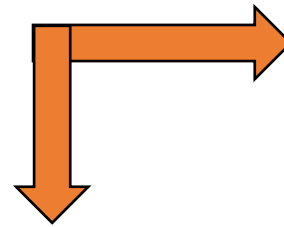
GLITTER	LEAVES
FLOWERS	SHAVING FOAM

INSTRUCTIONS:

MIX IT ALL TOGETHER IN A BOWL AND HAVE LOTS OF FUN!
WHEN YOU FEEL IT IS FINISHED, POUR IT INTO YOUR JAM JAR AND MAKE YOUR LABEL.

LABEL & RECIPE CARD

TEMPLATE



jam flavour: _____
Super-power: _____
made by: _____

jam flavour: _____
jam chef: _____
Ingredients: _____

BEWARE! If you eat this jam, it has the power to: _____
